



SPORTS

Active After School

Do you need a place for your child to go after school that is safe, fun, affordable and let's your child be ACTIVE? This is the program for you! In this after school program, your child will participate in a wide variety of games, teambuilding activities, and sports that change often to keep the interest level high. Staff is highly trained to lead activities effectively, with safety as a priority. We have created three, month-long sessions for your convenience. Sign up for all four, or just one...it's up to you! Start building healthy habits in your child early with Active After School! Snack included.

Adapted Bowling

This bowling class is designed for individuals with disabilities ages 11 years and older. Sportsmanship, teamwork, and individual skills are taught for all levels of bowlers. Food may be provided at special events. Location: 300 San Jose - 5420 Thornwood Lane. *See page 53 in *Therapeutic Services* section for class listing.

Almaden Athletics - Dodgeball

Our competitive Dodgeball League is designed to see what you got! Come dodge, duck, dive and dodge! In this league you'll perfect the thunderbolt, flinger and boomerang in no time. Practices will be on Wednesday evenings, games on Saturday mornings. Coaches are essential for a successful league. If interested in being a volunteer coach, please indicate on the registration form and include your t-shirt size. Game times may vary from week to week. Cost includes t-shirt, awards for all participants including 1st, 2nd & 3rd place trophies and a BBQ party. Coaches Needed! Register by Friday, January 16th to avoid a \$25 late fee!

Archery

Take aim at the fun and exciting sport of archery! This ancient tradition is seen in hunting, competition, and defense. Establish and hone new skills with our 8-week programs, separated by age. All basic archery equipment is provided; all skills levels are welcomed.

Badminton

Learn the fastest racquet sport! Basic fundamentals, techniques and skills of badminton for all ages starting at age 6. Classes will be for beginners, intermediate and advanced students. Participants should wear proper attire: t-shirt, shorts, or warm-up pants and appropriate court shoes. Participants must bring their own badminton racquet, new birdies and a full water bottle to each class.

Basketball - Beg. or Int./Adv.

Beginning: Learn the basics of basketball and have fun at the same time! Students will learn the basics of dribbling, passing, shooting, defending, and teamwork. Our seasoned staff will not only build confidence in students, but will give them the building blocks they need to be successful at the sport. This class is a pre-cursor to our new Youth Basketball League that will be kicking off in the Spring. Students must wear gym appropriate shoes, comfortable clothing, and bring a bottle of water. **Int./Adv:** This class is for the more advanced basketball player who would like to hone their skills and build on the basics. Players will be taught complex plays, strategies, and skills such as screens, pick and roll, and more! The class fee includes a trip to SJSU Men's Basketball game. Students must wear gym appropriate shoes, comfortable clothing, and bring a bottle of water.

Cardio Defense

Participants in this class will not only learn a variety of self defense moves from various forms of martial arts, but they will also get a great cardio workout at the same time! Martial Arts moves tone your abs, back, shoulders, biceps, gluts, hams, quads, and calves for an all-over leaner look. The moves will be back to back so that your heart rate gets pumping and you torch calories! Students must bring a towel, comfortable shoes, and a bottle of water.



Cardio Kickboxing

Want a high energy, fun way to exercise? Then this class is for you. Aerobic kickboxing is great for toning muscles, strengthening your cardiovascular system, and losing weight. The ultimate overall workout. Get physically fit and learn several self defense techniques at the same time. If you like taekwondo, you'll love this class. You will need cloth fist pads which may be purchased from a sporting goods store or from the instructor.

Cheerleading

Want to learn cheerleading? Learn basic moves of cheerleading to communicate with the crowd. Students will learn arm motions, jumps, dance, and cheer routines.

Coed Badminton

Learn the fastest racquet sport in town! Basic fundamentals, techniques and skills for badminton will be taught to students ranging in age (6+). Classes will be for beginners, intermediate and advanced levels. Instructors will assess your skill level at the first class meeting. Participants must wear proper attire: T-Shirt, shorts or warm-up pants and appropriate court shoes, (no heels allowed on the court). Participants must bring in their own badminton racquet, new birdies and a full water bottle to each class. Food and beverages (other than water) are not allowed in the Gym.



Sports



Coed Volleyball

This great sport never grows old and offers a great workout for everyone. This class will have multi-levels of instruction for Beg./Int. and Adv. players and game play. This sport builds great team sportsmanship too

Family Karate

This class is for adults and families. Get a great workout for everyone. All classes include self-defense and stress the importance of self-confidence and mental discipline. Katas (forms) and tournament style kumite (sparring) are taught. Please wear loose and comfortable clothing the first day of class. There is an additional fee for uniforms, belt testing and certification payable to the instructor. All levels are welcome. Fee is per person.

Family Skate Lessons

Now you and your child can learn how to skate safely and have fun together! This class will teach all participants how to stop correctly, stride, and turn around with confidence. All participants are encouraged to wear the appropriate safety clothing (i.e. knee, elbow, wrist pads and helmet) to each class. No experience necessary.

Flag Football

Join us for 7-weeks of FUN-petitive Flag Football at Solari Community Center. Kids have fun learning basic skills, and meeting new friends in a sport where no score is kept. Flag Football fees include supplies, officials, equipment, t-shirt, trophy, and end of season pizza party. · All games are held at Solari Community Center · Practices are held 30 minutes prior to game. · Specific games to be announced, please inquire.

Floor Gymnastics

Do you like to move? Come and learn basic gymnastic skills such as cartwheels, backbends, and more, just like the real gymnasts do. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Fun Fitness Tumbling

Come join this activity fun class. Students will learn basic front rolls, back rolls, somersaults, handstands, bridges, crabwalks and more. Fitness warm-ups and energized exercises to music are included. This class enhances your child's coordination, motor skills, balance, strength, flexibility and self confidence.

G.A.M.E.S. for Girls

"If a girl doesn't play sports by the time she is 10 years old, there is less than a 10% chance she will be playing by the time she is 25." -*Women's Sports Foundation*. **G.A.M.E.S.** = Girls Achieving Maturity & Excellence in Sports. The philosophy behind G.A.M.E.S. is to encourage girls to be physically active and lead a healthy lifestyle through education and participation. TONS of fun games will be played, and each participant will be introduced to a variety of sports in a non-threatening, encouraging environment. Please wear comfortable shoes and clothing.

Gym Star Toddlers

Calling all active toddlers! Tumbling, parachute fun, bubbles and many other gym activities will be included in this great class. Beginning gymnastic skills in an upbeat parent (or other adult) participating class. Come have a great time with your little gym star!

Gymnastics Stars

Be a gymnastic star! Learn cartwheels, handstands, rolls, round offs, and much, much more! The class is taught by the professional staff of Dance Arts Academy. Show for parents on the final class!

Jr. Olympian

The Jr. Olympian programs are designed to introduce children ages 3-5 to the basic skills of sports such as basketball, soccer, and t-ball, while developing sportsmanship and self-esteem. A qualified and highly trained instructor will lead each lesson, creating a safe learning environment and age appropriate instruction. Let us help you build healthy habits in your children, and a love for sports, through Jr. Olympian!

Karate for Adults (Shotokan)

This is traditional Japanese style of Karate that combines Japanese style, culture, philosophy, history and language. This class provides an atmosphere that allows adults to learn the art of Karate. Class includes self-defense while stressing the importance of self confidence and mental discipline.

Karate (Shotokan) – Beg/Int. & Int./Adv.

This is a traditional Japanese style of Karate that combines Japanese style culture, philosophy, history and language. Katas (forms) and tournament style kumite (sparring) are taught. Class includes self-defense and stresses the importance of self-confidence and mental discipline. All levels are welcome. Please see instructor for clothing and equipments. An exam fee is additional.



Karate (Shotokan) – Parent/Child

A good physical activity for the whole family! Class is coed. The \$57 fee is per person. Class promotes healthy activities for family and stresses the importance of exercise. Child must be enrolled with and accompanied by a parent. There is an additional fee for uniform, belt testing, and fist pads payable to the instructor. Guests will not be able to stay in the classroom.

Karate (Kenpo) - Level 1 & Level 2

Level 1: Learn a beginning/intermediate form of martial arts that promotes self esteem and self-confidence. This class teaches the techniques of kicking, punching, blocking, striking and self-defense. High emphasis on leadership, physical fitness and well-being. Karate uniforms are not required, but will be available through the instructor
Level 2: Prerequisite: Students are required to take our Karate Kenpo Level 1 class before registering for this second level class.

Kindergymnastics

Designed to teach basic gymnastic skills, including movement exploration, balance, and coordination, and at the same time teaching agility and improving motor skills. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

Little Ninja Fitness Fun

This fun-filled class will give your child a fun workout! Each little ninja will learn basic warm-up exercises, karate moves and fitness exercises. This is a great way to give your tot the chance to use their energy in a positive way. There is an additional fee for uniform, belt testing, and fist pads payable to the instructor. Parents and guests will not be able to stay in the classroom.

Martial Arts Combo

A variety of martial arts will be taught in this class including kung fu, krav maga, wushu, and other traditional forms of martial arts. The beauty of learning martial arts is that it encompasses not just the physical aspect of the “sport”, but mental and emotional lessons as well. Karate, and other martial arts for youth, builds confidence and self-esteem as well as self-discipline, respect, concentration and courtesy. Fees for uniform will be collected on the first day of class.

Mini Gymnastics Stars

Be a gymnastic star! Learn cartwheels, handstands, rolls, round offs, and much, much more! The class is taught by the professional staff of Dance Arts Academy. Show for parents on the final class and be prepared to amaze them in the audience! This class embraces the agility and flexibility that comes in this early age and puts it to its full use.

Mommy/Daddy & Me Fitness

This program is a fun and developmentally appropriate way to teach children about physical activity while attending. We want to share some of these great activities with you, and to help you encourage your child to be active. These activities are fun and easy to do and fantastically fun! Providing families with activities is a great first step in increasing physical activity for preschoolers, so every parent enrolled in the class will receive a complete list of activities we do in this class, and how they can implement them at home!

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the “World’s Most Popular Game”! As you and your child participate in our fun, age appropriate activities, your child will be developing their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won’t have to watch from the sidelines.

Powersoccer

Join the “San José Steamrollers” in the electrifying and growing sport of powersoccer. Practices focus on basic skills, strategy, ball control, and teamwork. Opportunities to participate in tournaments are available. Open to persons using power wheelchairs. Food may be provided at special events. Location: Alviso Youth Center. *See page 5. in *Therapeutic Services* section for class listing.

Soccer (Pre-Soccer, Soccer 1, 2, 3)

Kidz Love Soccer is a non-competitive environment for children to learn and play the world’s most popular sport. Each session includes age specific warm-ups, demonstrations, thematic progressions, and recreational games. Classes are co-ed and every participant will have a ball at their feet! Shin guards are required after the first class meeting. **Pre-Soccer:** Children will learn the basic techniques of soccer while building self-esteem and learning to follow instructions in a nurturing teaching environment. Shin guards are required by the second meeting. **Soccer 1:** Beginning players learn dribbling, passing, receiving, shooting, age-specific defense, etc.

Fun skill games are played at every session, and every participant will have a ball at his or her feet. Smallsided soccer matches will be introduced gradually. Shin guards are required by the second meeting. **Soccer 2 & 3:** Play the exciting game of Soccer! Explore the real sport, while in an instructional and nurturing environment. Be challenged by a real soccer situation, venture into the fun tactical side of scrimmaging. Players 7-12 years will enjoy age appropriate soccer matches and be guided through the possibilities by a KLS youth specialist. Attack and Scoring goals! Place and Possession! Defense and Transition! Themes such as these and continued skill building will be explored fully on the soccer field by young soccer aficionados. Kidz Love Soccer...where the score is always Fun to Fun! Rainout Hotline: 1-800-871-2275

Tot Soccer: 3.5-4yrs.

Young children will develop large motor skills while having fun running and kicking just like the big kids! Shin guards are required by the second meeting.

Self Defense

“Defend Yourself!” It’s never too late to learn the basic techniques of self-defense. Why get yourself into a situation you are not prepared? Learn, practice and be prepared through this excellent self-defense for anyone at any age. Participants will take away a better understand of being self aware of their surrounds, conflict resolution, self confidence, verbal and physical self-defense approaches.

Tennis - Mini

An introductory program for the young athlete. Fundamental ball skills, movement and coordination exercises will be included. Learn NEW tennis drills you can do with your child.

Tennis – Beg. and Int./Adv.

Beginning: Instruction of basic strokes, including forehand, backhand, volley, and serve. Additional topics covered include racket components and size purchase guidelines, court etiquette, court components, score keeping, etc. Students provide their own racket and one unopened can of tennis balls. Wear court sneakers. **Intermediate/Advanced:** This class is for the player who has had a series of lessons and can make contact with the tennis ball! Learn the basic strokes, etiquette and rules of the game. Bring tennis racquet for each class and one can of new tennis balls to the first day of class



Sports

Tennis/Rallyball I & II

Class designed to engage young children in participating in tennis as a team sport, while having fun with their friends and learning basic fundamentals. The program is designed to be beginner friendly. The format includes practice and match time. Must have previous tennis experience for Rallyball II.

Volleyball Workshop- Beg./Int./Adv.

Come join us for a Sunday of Skill Building! Whether you want to brush up or learn the basics, this workshop is for you. Participants will be broken up into groups based on their skill level and be taught the following skills: **Beginner** – Rules,

Proper Form, Basic serving, passing, setting, and hitting, “peppering,” etc. **Intermediate** – Overhand serving, basic strategies and formations, digging, introduction to different sets, hitting, and introduction to blocking. **Advanced** – Jump serves, 5-1 serve receive placement hitting, variety of sets, blocking, and much more. No matter where you are in your volleyball skill level, we will help you improve. Registration fee includes t-shirt. Participants must bring their own sack lunch, water bottle, and wear gym-appropriate shoes. The first 10 registrations received will receive an official Almaden Athletics volleyball.

Wheelchair Basketball

The wheelchair basketball program is open to persons with physical disabilities who are experienced or are interested in learning this fast paced, aerobic and competitive sport. The “Pacific Spartans” team is designed for adults who use manual wheelchairs and wish to participate in competitive play. Team membership is not mandatory for participation. Tournament opportunities

are available. Location: Camden Wheels on Fire. *See page 53 in *Therapeutic Services* section for class listing.

Wheels on Fire

Wheels on Fire is a sports team designed for athletes of all ages with physical disabilities. A variety of sports are offered, including wheelchair basketball, rugby, soccer, and bocce. Emphasis is on basic sport skills, team cooperation, and rules of competitive play. Non-wheelchair users of all ages and levels are also welcome. Food may be provided at special events, which include derby car racing, bowling, movies, field trips and holiday parties. Location: Camden Community Center.

*See page 53 in *Therapeutic Services* section for class listing.

ALMADEN CENTER

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
252.3.0800	Active After School	7-12	T/Th	1/13	1/29	3:30-4:30pm	Caldnell	8	\$57/65
252.3.0801	Active After School	7-12	T/Th	2/10	3/5	3:30-4:30pm	Caldnell	8	\$57/65
252.3.0802	Active After School	7-12	T/Th	3/10	4/2	3:30-4:30pm	Caldnell	9	\$57/65
252.3.0803	Active After School	7-12	T/Th	4/7	4/30	3:30-4:30pm	Caldnell	9	\$57/65
252.3.0804	Active After School	7-12	T/Th	5/5	5/28	3:30-4:30pm	Cynequa Caldwell	8	\$57/65
252.3.0805	Badminton - Open Play	16+	T	1/6	2/3	5:00-6:55pm	Staff	5	\$19/27
252.3.0806	Badminton - Open Play	16+	T	1/6	2/3	7:00-8:55pm	Staff	5	\$19/27
252.3.0807	Badminton - Open Play	16+	T	2/10	3/10	5:00-6:55pm	Staff	5	\$19/27
252.3.0808	Badminton - Open Play	16+	T	2/10	3/10	7:00-8:55pm	Staff	5	\$19/27
252.3.0809	Badminton - Open Play	16+	T	3/17	4/13	5:00-6:55pm	Staff	5	\$19/27
252.3.0810	Badminton - Open Play	16+	T	3/17	4/13	7:00-8:55pm	Staff	5	\$19/27
252.3.0811	Badminton - Open Play	16+	T	4/20	5/18	5:00-6:55pm	Staff	5	\$19/27
252.3.0812	Badminton - Open Play	16+	T	4/20	5/18	7:00-8:55pm	Staff	5	\$19/27
252.3.0813	Badminton - Youth, Beginning	7-10	F	1/16	3/6	4:00-4:50pm	Tina Nguyen	8	\$55/63
252.3.0814	Badminton - Youth, Int/Adv	11-14	F	1/16	3/6	5:00-5:50pm	Tina Nguyen	8	\$65/73
252.3.0815	Basketball - Beginning	7-12	M	1/12	3/2	5:00-5:50pm	Vaughn	8	\$75/83
252.3.0816	Basketball - Beginning	7-12	M	1/12	3/16	5:00-5:50pm	Robert Vaughn	8	\$75/83
252.3.0817	Basketball - Int/Adv	9-14	M	1/12	3/30	6:00-6:50pm	Robert Vaughn	10	\$95/103
252.3.0818	Basketball - Int/Adv	10-14	M	1/12	3/30	6:00-6:50pm	Vaughn	10	\$95/103
252.3.0819	G.A.M.E.S. for Girls, Jr.	6-8	M	1/12	3/16	3:30-4:30pm	Cynequa Caldwell	8	\$75/83
252.3.0820	G.A.M.E.S. for Girls, Sr.	9-12	M	3/23	5/11	3:30-4:30pm	Caldwell	8	\$75/83
252.3.0821	Gymnastic Stars	6-12	Th	1/22	3/5	4:00-4:50pm	Dance Arts Academy	8	\$80/88
252.3.0822	Jr. Olympian	3-5	Sa	1/24	3/21	9:00-9:45am	Caldwell	8	\$75/83
252.3.0823	Jr. Olympian	3-5	M	1/12	3/16	10:00-10:45am	Ransom	8	\$75/83
252.3.0824	Jr. Olympian	5-6	Sa	1/18	3/8	10:00-10:45am	Cynequa Caldwell	8	\$75/83
252.3.0825	Karate - Beg./Inter.	5+	T/Th	1/13	3/5	5:00-5:50pm	Camp Carter Int'l	16	\$114/122
252.3.0826	Karate Parent/Child	5+	Th	1/15	3/5	6:00-6:50pm	Camp Carter Int'l	8	\$57/65

**ALMADEN CENTER CONTINUES**

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
252.3.0827	Kinder Gymnastics	3-6	Th	1/15	3/5	1:00-1:50pm	Dance Arts Academy	8	\$80/88
252.3.0828	Kinder Gymnastics	3-6	Th	1/15	3/5	11:00-11:50am	Dance Arts Academy	8	\$80/88
252.3.0829	Little Ninjas Fitness Fun	4-5	T	1/13	3/3	2:00-2:45pm	Camp Carter Int'l	8	\$57/65
252.3.0830	Martial Art, Beg./Int.	7-14	M	1/12	3/30	7:00-7:50pm	Young	10	\$95/103
252.3.0831	Martial Arts, Teens	13-17	T	1/13	3/17	7:00-7:50pm	Neil Young	10	\$95/103
252.3.0832	Mommy/Daddy & Me Soccer	2.5-3	Sa	1/24	3/14	11:35am-12:05pm	Kidz Love Soccer	8	\$84/92
252.3.0833	Mommy/Daddy & Me Soccer	2.5-3	Sa	1/24	3/14	11:00-11:30am	Kidz Love Soccer	8	\$84/92
252.3.0834	Mommy/Daddy & Me Soccer	2.5-3	W	1/21	3/11	4:30-5:00pm	Kidz Love Soccer	8	\$84/92
252.3.0835	Mommy/Daddy & Me Soccer	2-3.5	M	1/26	3/23	9:30-10:00am	Kidz Love Soccer	8	\$84/92
252.3.0836	Pre-Soccer	4-5	Sa	1/24	3/14	2:20-3:55pm	Kidz Love Soccer	8	\$84/92
252.3.0837	Pre-Soccer	4-5	Th	1/22	3/12	3:05-3:35pm	Kidz Love Soccer	8	\$84/92
252.3.0838	Pre-Soccer	4-5	Th	1/22	3/12	5:20-5:55pm	Kidz Love Soccer	8	\$84/92
252.3.0839	Rolleyball I	8-12	Sa	1/24	3/7	9:10-10:00am	South Bay Tennis	8	\$86/94
252.3.0840	Rolleyball II	8-14	Sa	1/24	3/7	10:10-11:00am	South Bay Tennis	8	\$86/94
252.3.0841	Self Defense from Strangers	6-12	Sa	1/17	1/17	9:30-11:30am	Young	1	\$26/30
252.3.0842	Self Defense from Strangers	6-12	Sa	2/7	2/7	9:30-11:30am	Young	1	\$26/30
252.3.0843	Soccer 1	5-6	Sa	1/24	3/14	3:00-3:45pm	Kidz Love Soccer	8	\$84/92
252.3.0844	Soccer 1	5-6	Th	1/22	3/12	3:15-4:00pm	Kidz Love Soccer	8	\$84/92
252.3.0845	Soccer 2	7-8	Sa	1/24	3/14	3:45-4:25pm	Kidz Love Soccer	8	\$84/92
252.3.0846	Soccer 2	7-8	Th	1/22	3/12	3:50-4:35pm	Kidz Love Soccer	8	\$84/92
252.3.0847	Soccer 3	9-12	Sa	1/24	3/14	3:50-4:50pm	Kidz Love Soccer	8	\$84/92
252.3.0848	Tennis-Mini	5-7	Sa	1/24	3/7	8:15-9:00am	South Bay Tennis	8	\$63/71
252.3.0849	Tennis - Beginner*	7-12	Sa	1/24	3/14	9:00-10:00am	Morgan	8	\$70/78
252.3.0850	Tennis - Beginning	7-12	Sa	1/24	3/14	10:10-11:10am	Bob Morgan	8	\$70/78
252.3.0851	Tennis - Intermediate*	8-14	Sa	1/24	3/14	10:10-11:10am	Morgan	8	\$70/78
252.3.0852	Tennis - Intermediate	9-14	Sa	1/24	3/14	3:00-4:00pm	Bob Morgan	8	\$70/78
252.3.0853	Tennis - Adult	18+	W	1/28	3/18	6:30-7:30pm	Morgan	8	\$70/78
252.3.0854	Tot Soccer	3.5-4	Sa	1/24	3/14	4:55-5:25pm	Kidz Love Soccer	8	\$84/92
252.3.0855	Tot Soccer	3.5-4	Th	1/22	3/12	4:05-4:35pm	Kidz Love Soccer	8	\$84/92
252.3.0856	Tot Soccer	3.5-4	Th	1/22	3/12	9:30-10:00am	Kidz Love Soccer	8	\$84/92
252.3.0857	Volleyball - Beg/Int	18+	Th	1/15	3/5	8:00-9:30pm	Castro	8	\$81/89
252.3.0858	Volleyball (For Youth)	10-14	W	1/14	3/4	4:00-4:50pm	Caldwell	8	\$75/83

ALUM ROCK CENTER - *Class held at Capitol Park

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
289.3.0800	Karate-Kenpo (Beginning)	5+	M	1/16	3/16	5:30-6:20pm	Dragon Cloud	8	\$69/77
289.3.0801	Karate-Kenpo (Intermediate)	5+	M	1/16	3/16	6:30-7:20pm	Dragon Cloud	8	\$69/77
211.3.0802	Tennis*	5-8	Sa	1/24	3/7	9:30-10:30am	Silcon Valley Tennis	6	\$69/77
211.3.0803	Tennis*	9-12	Th	1/15	2/19	4:30-5:30pm	Silcon Valley Tennis	6	\$69/77

BERRYESSA CENTER - *Classes held at Cataldi Park

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
212.3.0800	Adult Tennis 1, 2, 3*	16+	Sa	1/24	3/21	8:00-9:00am	Silicon Valley Tennis	8	\$114/122
212.3.0801	Coed Badminton 1	6+	Th	1/15	2/12	6:30-8:00pm	Huang	5	\$58/66
212.3.0802	Coed Badminton 2	12+	Th	3/5	4/2	6:30-8:00pm	Huang	5	\$58/66
212.3.0803	Coed Volleyball	14	T	1/13	3/17	7:00-8:30pm	Huang	5	\$68/76
212.3.0804	Family Skate Lessons	4+	Sa	1/24	3/7	12:15-1:15pm	Dickerson	6	\$40/48
212.3.0805	Family Skate Lessons	4+	Sa	3/21	4/25	12:15-1:15pm	Dickerson	6	\$40/48
212.3.0806	Floor Gymnastics	5+	W	3/4	4/25	4:30-5:25pm	Dance Arts Academy	8	\$80/88
212.3.0807	Gymnastic Stars	5-8	M	1/12	3/16	3:35-4:30pm	Dance Arts Academy	8	\$80/88
212.3.0808	Gymnastic Stars	9-12	M	1/12	3/16	4:40-5:35pm	Dance Arts Academy	8	\$80/88
212.3.0809	Kindergym	3-6	W	1/14	3/4	10:00-10:55am	Dance Arts Academy	8	\$80/88
212.3.0810	Kindergym	3-6	W	1/14	3/4	3:30-4:25pm	Dance Arts Academy	8	\$80/88
212.3.0811	Karate (Kenpo) 1	5-14	M/W	1/12	3/11	4:30-5:20pm	Dragon Cloud	16	\$138/146
212.3.0812	Mini Gymnastic Stars	3-4	M	1/12	3/16	2:30-3:25pm	Dance Arts Academy	8	\$80/88
212.3.0813	Mommy/Daddy & Me Soccer	2-3.5	Sa	1/24	3/21	2:30-3:00pm	Kidz Love Soccer	8	\$84/92
212.3.0814	Soccer-Pre soccer	4-5	M	1/26	3/23	3:05-4:35pm	Kidz Love Soccer	8	\$84/92



SPORTS

BERRYESSA CENTER CONTINUES - *Classes held at Cataldi Park

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
212.3.0815	Soccer 1	5-6	M	1/26	3/23	3:15-4:00pm	Kidz Love Soccer	8	\$84/92
212.3.0816	Soccer 2	7-8	M	1/26	3/23	3:45-4:25pm	Kidz Love Soccer	8	\$84/92
212.3.0817	Soccer Tot-soccer	3.5-4	M	1/26	3/23	4:05-4:35pm	Kidz Love Soccer	8	\$84/92
212.3.0818	Soccer Tot-soccer	3.5-4	Sa	1/24	3/21	9:00-9:30am	Kidz Love Soccer	8	\$84/92
212.3.0819	Soccer	4-5	Sa	1/24	3/21	9:35-10:10am	Kidz Love Soccer	8	\$84/92
212.3.0820	Soccer	5-6	Sa	1/24	3/21	10:15-11:00am	Kidz Love Soccer	8	\$84/92
212.3.0821	Soccer	7-8	Sa	1/24	3/21	11:05-11:50am	Kidz Love Soccer	8	\$84/92
212.3.0822	Soccer	9-12	Sa	1/24	3/21	11:05am-12:05pm	Kidz Love Soccer	8	\$84/92
212.3.0823	Tennis Fun for Little Ones*	3-5	T	1/13	3/3	2:30-3:00pm	Silicon Valley Tennis	8	\$114/122
212.3.0824	Tennis Fun for Little Ones*	3-5	Sa	1/24	3/21	9:00-9:30am	Silicon Valley Tennis	8	\$114/122
212.3.0825	Tennis Beg/Int.*	6-9	T	1/13	3/3	3:00-3:55pm	Silicon Valley Tennis	8	\$114/122
212.3.0826	Tennis Beg/Int.*	8-13	T	1/13	3/3	4:00-4:55pm	Silicon Valley Tennis	8	\$114/122
212.3.0827	Tennis Beg/Int.*	6-9	F	1/16	3/6	3:00-3:55pm	Silicon Valley Tennis	8	\$114/122
212.3.0828	Tennis Beg/Int.*	8-13	F	1/16	3/6	4:00-4:55pm	Silicon Valley Tennis	8	\$114/122
212.3.0829	Tennis Beg 1 & 2*	6-9	Sa	1/24	3/21	9:30-10:25am	Silicon Valley Tennis	8	\$114/122
212.3.0830	Tennis Beg 1 & 2*	8-13	Sa	1/24	3/21	10:30-11:25am	Silicon Valley Tennis	8	\$114/122
212.3.0831	Tennis Beg 1 & 2*	8-13	Sa	1/24	3/21	11:30am-12:25pm	Silicon Valley Tennis	8	\$114/122

CAMDEN CENTER - *Classes held at Paul Hoove Park.

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
382.3.0800	Archery	7-15	T/Th	1/13	2/5	3:30-5:00pm	Staff	8	\$79/83
382.3.0801	Archery	7-15	T/Th	2/10	3/5	3:30-5:00pm	Staff	8	\$79/83
382.3.0802	Beginning Tennis*	16+	T	1/20	2/24	10:00-11:00am	South Bay Tennis	6	\$69/77
382.3.0803	Beginning Tennis*	16+	T	1/20	2/24	11:00am-12:05pm	South Bay Tennis	6	\$69/77
382.3.0804	Beginning Tennis*	16+	Th	1/22	2/26	11:00am-12:00pm	South Bay Tennis	6	\$69/77
382.3.0805	Beginning Tennis*	16+	Th	1/22	2/26	9:00-10:00am	South Bay Tennis	6	\$69/77
382.3.0806	Beginning Tennis*	16+	F	1/23	2/27	10:00-11:00am	South Bay Tennis	6	\$69/77
382.3.0807	Beginning Tennis*	16+	F	1/23	2/27	11:05am-12:05pm	South Bay Tennis	6	\$69/77
382.3.0808	Beginning Tennis*	16+	Sa	1/24	2/28	8:00-9:00am	South Bay Tennis	6	\$69/77
382.3.0809	Beginning Tennis*	16+	M	1/26	3/9	9:00-10:00am	South Bay Tennis	6	\$69/77
382.3.0810	Beginning Tennis*	16+	M	1/26	3/9	11:00am-12:00pm	South Bay Tennis	6	\$69/77
382.3.0811	Family Karate	5+	F	1/16	3/6	6:00-6:50pm	Camp Carter Int'l	8	\$57/65
382.3.0812	Gym Star Toddlers	3-6	W	1/14	3/18	10:25-11:20am	Dance Arts Academy	10	\$80/88
382.3.0813	Intermediate Tennis*	16+	T	1/20	2/24	9:00-10:00am	South Bay Tennis	6	\$69/77
382.3.0814	Intermediate Tennis*	16+	Th	1/22	2/26	10:10-11:10am	South Bay Tennis	6	\$69/77
382.3.0815	Intermediate Tennis*	16+	F	1/23	2/27	9:00-10:00am	South Bay Tennis	6	\$69/77
382.3.0816	Intermediate Tennis*	16+	M	1/26	3/9	10:00-11:00am	South Bay Tennis	6	\$69/77
382.3.0817	Little Ninjas Fitness Fun	3-5	F	1/16	3/6	10:30-11:20am	Camp Carter Int'l	8	\$57/65
382.3.0818	Mini Tennis*	5-7	Sa	1/24	2/28	9:05-9:50am	South Bay Tennis	6	\$47/55
382.3.0819	Mommy/Daddy & Me Soccer	2-3.5	T	1/20	3/10	9:30-10:00am	Kidz Love Soccer	8	\$84/92
382.3.0820	Mommy/Daddy & Me Soccer	2-3.5	Sa	1/24	3/14	9:30-10:05am	Kidz Love Soccer	8	\$84/92
382.3.0821	Mommy/Daddy & Me Soccer	2-3.5	Sa	1/24	3/14	9:00-9:30am	Kidz Love Soccer	8	\$84/92
382.3.0822	Pre-Soccer	4-5	W	1/21	3/11	2:35-3:05-pm	Kidz Love Soccer	8	\$84/92
382.3.0823	Pre-Soccer	4-5	Sa	1/24	3/14	9:35-10:05am	Kidz Love Soccer	8	\$84/92
382.3.0824	Soccer 1	5-6	W	1/21	3/11	3:15-4:00pm	Kidz Love Soccer	8	\$84/92
382.3.0825	Soccer 1	5-6	Sa	1/24	3/14	10:15-11:00am	Kidz Love Soccer	8	\$84/92
382.3.0826	Soccer 2	7-8	W	1/21	3/11	3:45-4:25pm	Kidz Love Soccer	8	\$84/92
382.3.0827	Soccer 2	7-8	Sa	1/24	3/14	4:00-4:45pm	Kidz Love Soccer	8	\$84/92
382.3.0828	Soccer 3	9-12	W	1/21	3/11	4:05-5:05pm	Kidz Love Soccer	8	\$84/92
382.3.0829	Soccer 3	9-12	Sa	1/24	3/14	11:00am-12:00pm	Kidz Love Soccer	8	\$84/92
382.3.0830	Tennis/Ralleyball I*	8-12	Sa	1/24	2/28	10:00-11:00am	South Bay Tennis	6	\$63/71
382.3.0831	Tennis/Ralleyball II*	8-14	Sa	1/24	2/28	11:05am-12:05pm	South Bay Tennis	6	\$63/71
382.3.0832	Tot Soccer	3.5-4	W	1/21	3/11	4:05-4:35pm	Kidz Love Soccer	8	\$84/92
382.3.0833	Tot Soccer	3.5-4	Sa	1/24	3/14	9:00-9:30am	Kidz Love Soccer	8	\$84/92

**EVERGREEN CENTER - *Tennis classes held at Everygreen Community College. - ** Soccer classes held at Silver Creek Linear Park.**

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
214.3.0800	Cardio Kickboxing	13+	Sa	1/24	3/21	9:00-9:50am	Camp Carter Int'l	8	\$57/65
214.3.0801	Gym Star Toddlers	18-36m	M	1/17	9/15	1:30pm	Dance Arts Academy	8	\$80/88
214.3.0802	Gym Star Toddlers	18-39m	T	1/18	9/16	1:30pm	Dance Arts Academy	8	\$80/88
214.3.0803	Gym Star Toddlers	18-36m	M	1/12	3/16	1:30-2:25pm	Dance Arts Academy	8	\$80/88
214.3.0804	Gym Star Toddlers	18-36m	T	1/13	3/3	1:30-2:25pm	Dance Arts Academy	8	\$80/88
214.3.0805	Gymnastic Stars	5-8	Th	1/15	3/5	4:00-4:55pm	Dance Arts Academy	8	\$80/88
214.3.0806	Gymnastic Stars	9-11	Th	1/15	3/5	5:00-5:55pm	Dance Arts Academy	8	\$80/88
214.3.0807	Karate 1	5-14	T/Th	1/13	3/5	4:00-4:50pm	Dragon Cloud	16	\$138/146
214.3.0808	Karate 2	5-14	T/Th	1/13	3/5	5:00-5:50pm	Dragon Cloud	16	\$138/146
214.3.0809	Karate 3	5-14	T/Th	1/13	3/5	5:00-5:50pm	Dragon Cloud	16	\$138/146
214.3.0810	Mini Gymnastic Stars	3-4	Th	1/15	3/5	6:00-6:55pm	Dance Arts Academy	8	\$80/88
214.3.0811	Mini Tennis*	5-7	Sa	1/24	3/21	9:30-10:15am	South Bay Tennis	8	\$63/71
214.3.0812	Mini Tennis*	5-7	T	1/13	2/17	3:00-3:45pm	South Bay Tennis	6	\$63/71
214.3.0813	Mommy/Daddy & Me Soccer**	2-3.5	M	1/26	3/23	4:30-5:00pm	Kidz Love Soccer	8	\$84/92
214.3.0814	Mommy/Daddy & Me Soccer**	2-3.5	Sa	1/24	3/21	4:30-5:00pm	Kidz Love Soccer	8	\$84/92
214.3.0815	Pre-Soccer**	4-5	F	1/23	3/13	3:05-3:35pm	Kidz Love Soccer	8	\$84/92
214.3.0816	Pre-Soccer**	4-5	Sa	1/24	3/21	9:35-10:10am	Kidz Love Soccer	8	\$84/92
214.3.0817	Soccer 1**	5-6	F	1/23	3/13	3:40-4:10pm	Kidz Love Soccer	8	\$84/92
214.3.0818	Soccer 1**	5-6	Sa	1/24	3/14	10:15-11:00am	Kidz Love Soccer	8	\$84/92
214.3.0819	Soccer 2**	7-8	F	1/23	3/13	4:15-4:50pm	Kidz Love Soccer	8	\$84/92
214.3.0820	Soccer 2**	7-8	Sa	1/24	3/21	11:05-11:50am	Kidz Love Soccer	8	\$84/92
214.3.0821	Soccer 3**	9-12	Sa	1/24	3/21	10:50-11:50am	Kidz Love Soccer	8	\$84/92
214.3.0822	Tennis/Rallyball*	18+	Sa	1/24	3/21	8:30-9:25am	South Bay Tennis	8	\$68/76
214.3.0823	Tennis/Rallyball*	8-12	Sa	1/24	3/21	4:00-4:50pm	South Bay Tennis	8	\$68/76
214.3.0824	Tennis/Rallyball*	8-12	Sa	1/24	3/21	9:30-10:15am	South Bay Tennis	8	\$68/76
214.3.0825	Tennis/Rallyball*	8-14	Sa	1/24	3/21	10:30-11:25am	South Bay Tennis	8	\$68/76
214.3.0826	Tennis/Rallyball*	8-14	Sa	1/24	3/21	5:00-5:55pm	South Bay Tennis	8	\$68/76
214.2.0827	Terrific Tot Tumblers	3-5	W	1/14	3/4	11:30am-12:15pm	DanceKids	8	\$98/106
214.3.0828	Tot Soccer*	3.5-4	F	1/23	3/13	4:05-4:35pm	Kidz Love Soccer	9	\$84/92
214.3.0829	Tot Soccer*	3.5-4	Sa	1/24	3/21	9:00-9:30am	Kidz Love Soccer	9	\$84/92

HANK LOPEZ CENTER

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
211.3.0800	Cheerleading	6-12+	T	1/13	2/17	8:15-9:10pm	Dance Arts Academy	6	\$60/68
211.3.0801	Cheerleading	6-12+	W	1/14	2/18	7:00-7:55pm	Dance Arts Academy	6	\$60/68
211.3.0802	Karate-Kenpo (Beginning)	5+	T	1/13	3/3	5:30-6:20pm	Dragon Cloud	8	\$69/77
211.3.0803	Karate-Kenpo (Intermediate)	5+	T	1/13	3/3	6:30-7:20pm	Dragon Cloud	8	\$69/77

HOOVER CENTER

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
296.3.0800	Beginner Tennis	6-10	Sa	1/24	3/21	10:45-11:45am	Borjon	6	\$35/43
296.3.0801	Family Karate	5+	M/W	1/12	3/11	7:00-7:50pm	Camp Carter Int'l	16	\$114/122
296.3.0802	Family Karate	5+	T/Th	1/13	3/5	7:00-7:50pm	Camp Carter Int'l	16	\$115/123
296.3.0803	Karate - Beg./Inter.	5+	M/W	1/12	3/11	7:00-7:50pm	Camp Carter Int'l	16	\$114/122
296.3.0804	Karate-Intermediate	5+	T/Th	1/13	3/5	4:30-5:20pm	Camp Carter Int'l	16	\$114/122
296.3.0805	Kindergym	3-5	T	1/13	3/3	10:00-10:55am	Dance Arts Academy	8	\$80/88
296.3.0806	Parent Toddler	1.5-3	T	1/13	3/3	9:00-9:55am	Dance Arts Academy	8	\$80/88
296.3.0807	Pre-Soccer*	4-5	Th	1/15	3/5	10:05-10:35am	Kidz Love Soccer	8	\$84/92
296.3.0808	Pre-Soccer*	4-5	Th	1/15	3/5	3:05-3:35pm	Kidz Love Soccer	8	\$84/92
296.3.0809	Soccer 1*	5-6	Th	1/15	3/5	3:35-4:30pm	Kidz Love Soccer	8	\$84/92
296.3.0810	Soccer 2*	7-8	Th	1/15	3/5	3:45-4:45pm	Kidz Love Soccer	8	\$84/92
296.3.0811	Soccer 3*	9-12	Th	1/15	3/5	3:45-4:25pm	Kidz Love Soccer	8	\$84/92
296.3.0812	Tot Soccer*	3.5-4	Th	1/15	3/5	9:30-10:00am	Kidz Love Soccer	8	\$84/92
296.3.0813	Tot Soccer*	3.5-4	Th	1/15	3/5	4:05-4:35pm	Kidz Love Soccer	8	\$84/92
296.3.0814	Tiny Tots Tennis	3-5	Sa	1/24	2/21	9:30-10:30am	Borjon	6	\$35/43



SPORTS

SHIRAKAWA CENTER

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
231.3.0800	Cardio Kickboxing	18+	Th	1/15	3/5	6:30-7:30pm	Johnson	8	\$80/88
231.3.0801	Floor Gymnastics	3-7	Sa	1/24	3/7	1:15-2:10pm	Dance Arts Academy	6	\$60/68
231.3.0802	Kinder Gymnastics	3-7	Sa	1/24	3/7	10:00-10:55am	Dance Arts Academy	6	\$60/68

SOUTHSIDE CENTER -

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
216.3.0800	Gym Star Toddlers	18-36m	M	1/26	3/23	3:00-3:55pm	Dance Arts Academy	8	\$80/88
216.3.0801	Gymnastic Stars	6-12	W	1/14	3/4	5:30-6:25pm	Dance Arts Academy	8	\$80/88
216.3.0802	Karate - Beg./Inter.	5+	M/W	1/12	3/11	6:00-6:50pm	Camp Carter Int'l	16	\$114/122
216.3.0803	Karate - Beg./Inter.	5+	M/W	1/12	3/11	7:00-7:50pm	Camp Carter Int'l	16	\$114/122
216.3.0804	Little Ninjas Fitness Fun	3-5	Th	1/15	3/5	11:45am-12:30pm	Camp Carter Int'l	8	\$57/65
216.3.0805	Mini Gymnastic Stars	3-6	M	1/26	3/23	5:00-5:55pm	Dance Arts Academy	8	\$80/88
216.3.0806	Mommy/Daddy & Me Soccer*	2-3.5	Sa	1/24	3/28	3:00-3:30pm	Kidz Love Soccer	8	\$84/92
216.3.0807	Pre-Soccer*	4-5	Sa	1/24	3/28	2:00-2:35pm	Kidz Love Soccer	8	\$84/92
216.3.0808	Pre-Soccer*	4-5	T	1/20	3/10	3:05-3:35pm	Kidz Love Soccer	8	\$84/92
216.3.0809	Soccer 1*	5-6	T	1/20	3/10	3:15-4:00pm	Kidz Love Soccer	8	\$84/92
216.3.0810	Soccer 1*	5-6	Sa	1/24	3/14	2:40-3:25pm	Kidz Love Soccer	8	\$84/92
216.3.0811	Soccer 2*	7-8	Sa	1/24	3/28	3:30-4:15pm	Kidz Love Soccer	8	\$84/92
216.3.0812	Soccer 2*	7-8	T	1/20	3/10	3:45-4:25pm	Kidz Love Soccer	8	\$84/92
216.3.0813	Soccer 3*	9-12	Sa	1/24	3/28	3:30-4:30pm	Kidz Love Soccer	8	\$84/92
216.3.0814	Tot Soccer*	3.5-4	Sa	1/24	3/25	4:30-5:00pm	Kidz Love Soccer	8	\$84/92
216.3.0815	Tot Soccer*	3.5-4	T	1/20	3/10	4:05-4:35pm	Kidz Love Soccer	8	\$84/92

WEST SAN JOSÉ CENTER - * Badminton classes held at Moreland West Center. - ** Tennis classes held at Murdock Park.

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
294.3.0800	Badminton*	11-17	Sa	1/24	3/21	5:15-6:15pm	Le	8	\$89/97
294.3.0801	Badminton*	6-10	Sa	1/24	3/21	4:00-5:00pm	Le	8	\$89/97
294.3.0802	Tennis (Beginning)**	16+	M	1/12	3/2	6:00-7:00pm	South Bay Tennis	6	\$69/77
294.3.0803	Tennis (Beginning)**	16+	T	1/13	2/17	7:15-8:15pm	South Bay Tennis	6	\$69/77
294.3.0804	Tennis (Beginning)**	16+	T	1/13	2/17	8:30-9:30pm	South Bay Tennis	6	\$69/77
294.3.0805	Family Karate	5+	Sa	1/24	3/21	9:30-10:30am	Camp Carter Int'l	8	\$57/65
294.3.0806	Tennis (Intermediate)**	16+	M	1/12	3/2	7:15-8:15pm	South Bay Tennis	6	\$69/77
294.3.0807	Liittle Ninjas Fitness Fun	3-5	M	1/12	3/16	10:00-11:00am	Camp Carter Int'l	8	\$57/65
294.3.0808	Mini Tennis**	5-7	Sa	1/24	3/21	1:00-1:45pm	South Bay Tennis	6	\$47/55
294.3.0809	Rolleyball I**	8-12	Sa	1/24	3/21	2:00-3:00pm	South Bay Tennis	6	\$84/92
294.3.0810	Rolleyball II**	8-14	Sa	1/24	3/21	3:15-4:15pm	South Bay Tennis	6	\$84/92
294.3.0811	Self Defense	16+	Sa	1/24	3/21	10:45-11:45am	Camp Carter Int'l	8	\$57/65

WILLOWS CENTER

Class No.	Class Title	Age	Day(s)	Start Date	End Date	Time	Instructor	Mtgs.	Res/NonRes
233.3.0800	Floor Gymnastics	5-7	M	1/12	3/16	4:30-5:25pm	Dance Arts Academy	8	\$80/88
233.3.0801	Floor Gymnastics	8-11	M	1/12	3/16	5:30-6:25pm	Dance Arts Academy	8	\$80/88
233.3.0802	Kinder Gymnastics	3-5	M	1/12	3/16	3:30-4:25pm	Dance Arts Academy	8	\$80/88